

FOOD ALLERGY & ANAPHYLAXIS EMERGENCY CARE PLAN

| Name: | D.O.B.: PLACE PICTURE |
|---|---|
| Allergic to: | HERE |
| Weight:Ibs. Asthma: Yes (higher risk for a second | vere reaction) 🗆 No |
| NOTE: Do not depend on antihistamines or inhalers (broad | nchodilators) to treat a severe reaction. USE EPINEPHRINE. |
| Extremely reactive to the following allergens: THEREFORE: If checked, give epinephrine immediately if the allergen was L If checked, give epinephrine immediately if the allergen was D | IKELY eaten, for ANY symptoms. |
| FOR ANY OF THE FOLLOWING: SEVERE SYMPTOMS | MILD SYMPTOMS (A) (A) (A) (A) |
| LUNG Shortness of Pale or bluish Tight or hoarse breath, wheezing, repetitive cough weak pulse, dizziness THROAT Signific swelling or tongue or swallowing | ant runny nose, mild itch nausea or of the sneezing discomfort |
| SKIN Many hives over body, widespread redness 1. INJECT EPINEPHRINE IMMEDIATELY. | SYSTEM AREA, GIVE EPINEPHRINE. FOR MILD SYMPTOMS FROM A SINGLE SYSTEM AREA, FOLLOW THE DIRECTIONS BELOW: Antihistamines may be given, if ordered by a |
| 2. Call 911. Tell emergency dispatcher the person is having anaphylaxis and may need epinephrine when emergency resparrive. Consider giving additional medications following epinephrine Antihistamine Inhaler (bronchodilator) if wheezing | Epinephrine Brand or Generic: |
| Lay the person flat, raise legs and keep warm. If breathing is difficult or they are vomiting, let them sit up or lie on their sit. If symptoms do not improve, or symptoms return, more doses of epinephrine can be given about 5 minutes or more after the last. Alert emergency contacts. Transport patient to ER, even if symptoms resolve. Patient sit. | t dose. Antihistamine Dose: Other (e.g., inhaler-bronchodilator if wheezing): |

remain in ER for at least 4 hours because symptoms may return.



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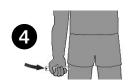
HOW TO USE AUVI-Q® (EPINEPHRINE INJECTION, USP), KALEO

- Remove Auvi-Q from the outer case. Pull off red safety guard.
- Place black end of Auvi-Q against the middle of the outer thigh.
- 3. Press firmly until you hear a click and hiss sound, and hold in place for 2 seconds.
- Call 911 and get emergency medical help right away.



HOW TO USE EPIPEN®, EPIPEN JR® (EPINEPHRINE) AUTO-INJECTOR AND EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF EPIPEN®), USP AUTO-INJECTOR, MYLAN AUTO-INJECTOR, MYLAN

- Remove the EpiPen® or EpiPen Jr® Auto-Injector from the clear carrier tube.
- Grasp the auto-injector in your fist with the orange tip (needle end) pointing downward. With your other hand, remove the blue safety release by pulling straight up.
- Swing and push the auto-injector firmly into the middle of the outer thigh until it 'clicks'. Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
- Remove and massage the injection area for 10 seconds. Call 911 and get emergency medical help right away.



HOW TO USE IMPAX EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF ADRENACLICK®), USP AUTO-INJECTOR. AMNEAL PHARMACEUTICALS

- Remove epinephrine auto-injector from its protective carrying case.
- 2. Pull off both blue end caps: you will now see a red tip. Grasp the auto-injector in your fist with the red tip pointing downward.
- Put the red tip against the middle of the outer thigh at a 90-degree angle, perpendicular to the thigh. Press down hard and hold firmly against the thigh for approximately 10 seconds.
- Remove and massage the area for 10 seconds. Call 911 and get emergency medical help right away.

HOW TO USE TEVA'S GENERIC EPIPEN® (EPINEPHRINE INJECTION, USP) AUTO-INJECTOR, TEVA PHARMACEUTICAL INDUSTRIES

- Quickly twist the yellow or green cap off of the auto-injector in the direction of the "twist arrow" to remove it.
- Grasp the auto-injector in your fist with the orange tip (needle end) pointing downward. With your other hand, pull off the blue safety release.
- 3. Place the orange tip against the middle of the outer thigh at a right angle to the thigh.
- Swing and push the auto-injector firmly into the middle of the outer thigh until it 'clicks'. Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
- Remove and massage the injection area for 10 seconds. Call 911 and get emergency medical help right away.

HOW TO USE SYMJEPI™ (EPINEPHRINE INJECTION, USP)

- When ready to inject, pull off cap to expose needle. Do not put finger on top of the device.
- Hold SYMJEPI by finger grips only and slowly insert the needle into the thigh. SYMJEPI can be injected through clothing if necessary.
- After needle is in thigh, push the plunger all the way down until it clicks and hold for 2 seconds.
- Remove the syringe and massage the injection area for 10 seconds. Call 911 and get emergency medical help right awav.
- 5. Once the injection has been administered, using one hand with fingers behind the needle slide safety guard over needle.

ADMINISTRATION AND SAFETY INFORMATION FOR ALL AUTO-INJECTORS:

- Do not put your thumb, fingers or hand over the tip of the auto-injector or inject into any body part other than mid-outer thigh. In case of accidental injection, go immediately to the nearest emergency room.
- If administering to a young child, hold their leg firmly in place before and during injection to prevent injuries.
- 3. Epinephrine can be injected through clothing if needed.
- Call 911 immediately after injection.

OTHER DIRECTIONS/INFORMATION (may self-carry epinephrine, may self-administer epinephrine, etc.):

EMERGENCY CONTACTS — CALL 911 OTHER EMERGENCY CONTACTS NAME/RELATIONSHIP: PHONE RESCUE SQUAD: DOCTOR: NAME/RELATIONSHIP: PARENT/GUARDIAN: NAME/RELATIONSHIP:

Treat the person before calling emergency contacts. The first signs of a reaction can be mild, but symptoms can worsen quickly.

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